



1. Straight across from Ultimate Fit to Jackson Ave.
2. Left on Burdette Ave
3. Right on Covert Ave
4. Right on Vann Ave
5. Right on Lincoln
6. Left into State Hospital Grounds
7. Water Stop In 1st parking lot.
8. Back to Lincoln Ave
9. Right on Lincoln
10. Right on Vann Ave
11. Left on E Walnut Street
11. Left on Alvord
12. Left On Lincoln
13. Left into State Hospital Grounds
14. Water Stop In 1st Parking lot.
15. Back to Lincoln Ave
16. Left on Lincoln Ave
17. Right on S Hebron
18. Left on Washington Ave
19. Cross Greenriver

20. Right on Erie (behind mall)

21. Follow Erie around right turn, as it changes into Monroe Ave

22. Return to starting point and repeat track.

14.32 Miles