



9 miler for 1/16/10

Run South on Rotherwood

Turn Left on Walnut

Turn Right on Vann Ave.

Turn Left on Lincoln Ave.

Follow Lincoln across Green River and bear left at about 3 miles as it splits into Outer Lincoln Ave.

Follow Outer Lincoln Ave. past Plaza Middle School

Turn Right on Martin Ln. at just past 4 miles (the middle school will be on your right)

Turn Right on Newburgh Rd. and follow back to Lincoln Ave.

Run back to the Armory the same way as you came

9 miles finishes at Weinbach Ave. so feel free to walk back to the Armory for another quarter mile (or you may choose to run)