



7 miles for 12/19/09

Start at the Armory and head South on Rotherwood

Turn Right on Walnut

Follow Walnut to Riverside Dr.

Turn Right on Riverside Dr.

Follow Riverside until it becomes Fulton Ave. (about 3 miles)

Continue on Fulton Ave., crossing Ohio St./Second St. while following the Greenway path

Follow the Greenway path until it goes under the Lloyd Expressway (the first overpass) and turn around (3.5 miles)

Run back to the Armory on the same route to make it 7 miles