



10 miler for 2/27/10

Run South on Rotherwood Ave. from the Armory
 Turn Left on Bellemeade Ave.
 Turn Right on Alvard Blvd. at about the 1 mile mark
 Turn Left on Washington Ave.
 Turn Left on St. James Blvd.
 Turn Right on Walnut St.
 Turn Right on Vann Ave. and cross the street to run on the limestone path of the State Hospital
 Follow the limestone path until the water station at the end and take a right, making a loop around the lake at the State Hospital
 Turn Left at the end of the road loop and cross Lincoln Ave. following Walnut Lane
 Turn around at the 4.5 mile mark when you get to Powell Ave (just over a quarter mile down Walnut Ln.) and run the same route back to the Armory. You will pass the water station again (at the 5.5 mile mark)

Instead of heading straight back to the Armory on Rotherwood, turn Right on Walnut and run a complete campus loop around UE (Turn Right on Walnut, Right on Weinbach, Right on Lincoln, and Right on Rotherwood to complete the loop) before finishing at the Armory

NOTE: YOU WILL NEED TO RUN A CAMPUS LOOP WHEN ARRIVING BACK AT CAMPUS INSTEAD OF RUNNING STRAIGHT TO THE ARMORY!