



6 Miler for 12/12/09

- South on Rotherwood Ave. from Armory
- Turn Left heading East on Walnut St.
- Turn Right heading South on Vann Ave. at about 1.3 miles
- Follow limestone/road path around State Hospital for about 1.6 miles
- Exit path at about 3 miles by heading East on Lincoln Ave. after one State Hospital lap
- Take an immediate Right heading South on Lombard Ave.
- Turn Right on Washington Ave. heading West
- Turn Right on St. James Blvd. just after the 4 mile mark
- Turn Left on Lincoln Ave. heading West
- Turn Right on Runnymede Ave. just after passing UE
- Turn Right on Walnut St.
- Turn Left on Rotherwood Ave.

End 6 miles at the Armory