



12 miler for 2/20/10

Run South on Rotherwood Ave.

Turn Left at Walnut St.

Turn Left at Alvard Blvd. and follow across the Lloyd

Continue on Alvard Blvd. as it turns into Iowa St.

Cross Boeke into Wesselman Park and run three complete loops

At the end of the third loop, head out of the park

Turn Left on Boeke and run under the Lloyd Expressway

Turn Left on Walnut St.

Turn Right on Vann Ave. and cross the street to run on the limestone path at the State Hospital

Run two complete State Hospital loops on the path (see map)

Turn Right onto Walnut St. at the end of the second loop

Run West towards UE

Turn Left on Alvard Blvd.

Turn Right on Washington Ave.

Turn Right on Lodge Ave.

Turn Right on Lincoln Ave.

Turn Left on Weinbach Ave.

Turn Left on Walnut Ave.

Turn Right on Rotherwood Ave. and finish at the Armory

Summary: 3 Wesselman's loop + 2 State Hospital Loops + small loop south of campus before returning to Armory

Water at Wesselman's and State Hospital