



6 miles for 1-23-10

- Run South on Rotherwood Ave.
- Turn Right on Walnut St. and follow to the river
- Cross Riverside Dr. and turn Left, running East along the greenway to the end
- Follow Riverside to the end (by Sunset Park)
- Turn around and run the same way back to the Armory
- Finish 6 miles at the Armory