



5 miler for 1/9/10

Turn Right on E. Olive St.

Turn Right on Runnymede Ave.

Turn Left on E. Sycamore St.

Turn Right on S. Harlan Ave.

Cross the Lloyd Expressway on the bridge (exit the bridge and continue on N. Harlan Ave.)

Turn Right on Franklin St.

Turn Left onto Willow Rd. at 1 mile and follow into Oak Hill Cemetery across Oak Hill St.

Take first right in the cemetery and follow the loop around the perimeter of the cemetery (when there is any splitting in the path ALWAYS follow the path going right)

Turn Right out of the cemetery after one complete loop (about a 2 mile loop) and run the same way back to the bridge across the Lloyd Expressway on Harlan Ave.

Continue heading South on S Harlan Ave. until Lincoln Ave.

Turn Left on Lincoln Ave. at about 4 miles

Turn Left on Rotherwood Ave. and follow back to the Armory to complete 5 miles